

Program

- 8:00 a.m. Registration and Refreshments
- 8:45 a.m. Morning Prayer with Catholic Health Association of Ontario
- 9:00 a.m. Welcoming Remarks
- 9:10 a.m. **Opening Address**
Balfour M. Mount
The Potential for Healing at the End of Life
- 10:10 a.m. Question and Answer Period
- 10:30 a.m. Refreshment Break
- 10:45 a.m. **Panel Presentation**
Naheed Dosani
Living & Dying on the Streets: Palliative Education And Care for the Homeless (PEACH)
- David Byrne**
Dying Inside: The End of Life Experience for Inmates and Health Care Providers in Federal Correctional Institutions
- Dan Haley**
Alternatives to Incarceration: Dying with Dignity in the Community
- 11:45 a.m. Question and Answer Period
- 12:00 p.m. Lunch Break
- 1:00 p.m. **Presentation**
Katherine Rouleau
End of Life Care at the End of our Road: Spirits, symptoms and surprises
- 2:00 p.m. Question and Answer Period
- 2:15 p.m. Refreshment Break
- 2:30 p.m. **Closing Address**
Debra Parker Oliver
Validation and Support for the Family Caregiver: The Overlooked Patient
- 3:30 p.m. Question and Answer Period
- 3:50 p.m. Closing Comments

Centre for Clinical Ethics

In 1982, the Sisters of St. Joseph established a Clinical Ethics Service jointly sponsored by Providence Healthcare, St. Joseph's Health Centre and St. Michael's Hospital, three Catholic institutions which serve the Toronto area. The first ethics service of its kind in Canada has grown over the years and today is known as the *Centre for Clinical Ethics*.

The mission of the *Centre for Clinical Ethics* is to enable members of the healthcare community to identify and resolve ethical issues which arise in the clinical setting. This is done through education, case consultations, policy development, and research. As a faith-based centre, our commitment is to the core values of our three supporting institutions and to broadening the understanding of the role that faith plays in the questions which confront people in their search for healing.

Staff

- Hazel Markwell, PhD, DTh
Director
- Steve Abdool, RN, MA, PhD(c)
Clinical Ethicist
- Rosalind Abdool, PhD(c)
Clinical Ethicist
- Joseph Chandrakanthan, PhD, DTh
Clinical Ethicist
- Christine Jamieson, PhD
Clinical Ethicist/Researcher
- Mark Miller, PhD, MDiv
Clinical Ethicist
- Kevin Rodrigues, PhD(c)
Clinical Ethicist
- Giles Scofield, JD, MA
Clinical Ethicist
- Michael Szego, PhD, MHSc
Clinical Ethicist
- Lynda Sullivan
Administrative Assistant



CENTRE FOR CLINICAL ETHICS 2015 FALL CONFERENCE

AFFIRMING AN ETHIC OF CARE: *Bridging the Gaps at the End of Life*

FRIDAY, OCTOBER 2, 2015

OPENING ADDRESS:
Dr. Balfour M. Mount

CLOSING ADDRESS:
Dr. Debra Parker Oliver

Toronto Marriott Bloor Yorkville
90 Bloor Street East (at Yonge)

Presenters

Balfour M. Mount, OC, OQ, MD, FRCSC, LLD
Emeritus Professor of Medicine at McGill University

The Potential for Healing at the End of Life

The biomedical model focuses on the pathophysiology of disease while neglecting the broader existential depths that frame our experience of illness. Our potential for healing in the face of progressive disease, a potential rooted in the special relationship formed between healer and sufferer, so familiar to Osler, the shamans of primitive cultures and faith healers, remains an untapped resource. Cassell has eloquently expressed the reality underlying the flaw in modern medicine's paradigm, "same disease, different patient - different illness, pain and suffering."

Naheed Dosani, MD, CCFP, BSc
Palliative Care and Family Physician, Inner City Health Associates, Palliative Education And Care for the Homeless (PEACH), St. Michael's Hospital

Living & Dying on the Streets: Palliative Education And Care for the Homeless (PEACH)

This talk will describe the unique issues and challenges faced by homeless and vulnerably housed patients with life-limiting illness and learn about concerns relating to communication and care co-ordination for this vulnerable population. It will also address strategies to support quality-of-life interventions (medical and psychological) and safe discharge from the hospital, as well as introduce a new model of care: PEACH (Palliative Education and Care for the Homeless).

Presenters

David Byrne, BA, MDiv, PhD (Cand.)
Director, Programs, Peterborough Community Chaplaincy

Dying Inside: The End of Life Experience for Inmates and Health Care Providers in Federal Correctional Institutions

In 2014 the Office of the Correctional Investigator completed a study of the Correctional Service of Canada's (CSC) mortality review process that produced 'disturbing results.' The most alarming of which were that the average age of inmates at death is just 60 years and that standards for health care for dying inmates are critically substandard. Despite these results, and that inmates near end of life pose little threat to the community, they are rarely released from prison to receive palliative care. This brief presentation will outline the current conditions facing dying offenders and will discuss how reports of moral distress by CSC health care professionals help to illuminate the various ethical issues that have yet to be resolved.

Dan Haley
Executive Director, Peterborough Community Chaplaincy

Alternatives to Incarceration: Dying with Dignity in the Community

Impacted by time spent with dying inmates in federal correctional institutions, shortly after Community Chaplain Dan Haley opened his transition house in Peterborough, Ontario in 2007 he began to accept offenders as part of an emerging palliative care program. Eight years later the program has received widespread recognition as a model for dignity enabling end of life care for offenders, especially those most difficult to serve. In this brief presentation Dan will outline the process towards and motivation for the creation of his program, describing the moral obligation that communities have to care for offenders near death.

Presenters

Katherine Rouleau, MDCM, CCFP, MHSc
Associate Professor, Department of Family and Community Medicine, University of Toronto

End of Life Care at the End of our Road: Spirits, symptoms and surprises

This presentation will begin with an overview of some key information from the WHO Palliative Care Atlas which outlines the state of end of life care around the world. The concepts of life and death in various parts of the world will be explored in order to illustrate the great diversity that exists. Some of the hurdles we face as a global community in meeting the end of life care needs for the world's population will be discussed and some potential "steps and strategies" proposed.

Debra Parker Oliver, MSW, PhD
Professor, School of Medicine, Department of Family and Community Medicine, University of Missouri

Validation and Support for the Family Caregiver: The Overlooked Patient

After more than 30 years as a Hospice social worker, administrator and researcher, Dr Parker Oliver found herself a caregiver of a hospice patient and unprepared for the end of life journey, when her husband was diagnosed with Stage IV cancer. She shares her personal experience with the message that there are two patients in this journey. One is dying, the other feels as though they are dying, but will survive to find themselves alone. For the dying patient there is a care plan, medications, equipment, professional help, family help, and social support. For the caregiver the needs often go unidentified and unaddressed. Caregivers remain quiet about their own needs, focusing on their loved one, giving all they have to keep promises and bring their loved ones peace. Caregiving is the journey of a million losses, and there is no team member assigned to focus on the caregiver. Dr. Parker Oliver advocates that the caregivers need a care team and a care plan as well, and the journey continues beyond the death of their loved one.